



Lifelong Learning Classes page 13



Travel page 2



Drop-in Activities page 4



Melissa Thompson, Manager

Greetings, everyone!

I am thrilled to share that the Hillsboro Community Senior Center recently received a few important updates! This includes a new dishwasher (say goodbye to paper plates at lunch), new automatic doors in our entryway, and a new refrigerator in the dining hall. Three cheers to the amazing facilities staff who helped make those improvements possible.

I am also excited about the fun opportunities coming up this fall!

- **Art projects** for Autumn decorations (lots of options!)
- **Finance First Wednesdays** educational series (starting September 4)
- **Mental Health First Aid** for older adults (September 25 & 26)
- **A Magical Evening Dinner and Show Fundraiser** (September 20)
- **Golden Years Homecoming Dance** (October 4)
- **Circle of Grief** with facilitated conversations (starting October 30)

Check out the details inside this issue! Whether you join us for an activity, lunch, or special event, we look forward to seeing you here at the HCSC.

Sincerely,
Melissa

Branching out with Travel



Alpacas & Fruit Picking

Enjoy fall splendor with an adventure in the countryside. Visit Alpaca Farm & Gardens to learn more about these amazing animals indigenous to South America. Then pick pears, peaches, and apples at family-owned Bell's Orchard. Sample some of the fruits of your labor on the way home.

All Ages | Senior Center Lobby
 32077 Thu 9/12 10 am – 2 pm
 \$30 Resident, \$45 Non-Resident



Portland El Grito Celebration

Celebrate Mexico's Independence with Oregon's largest festival of Mexican culture featuring live music, dance, performances, Latino/a owned businesses and traditional Mexican food. Enjoy Latino Heritage Month with a fiesta and a shout!

All Ages | Senior Center Lobby
 32078 Mon 9/16 12 – 4 pm
 \$30 Resident, \$45 Non-Resident

Adventures Without Limits

Visit Adventures Without Limits which has been offering outdoor excursions including kayak trips, snowshoe trips, hiking trips, bicycling trips, and much more for older adults and people experiencing disabilities. Try out their adaptive equipment and see how they make adventure accessible to all. Before heading back, grab a bite to eat at the downtown Forest Grove Food Carts to support local businesses.

Adult & Older Adult | Senior Center Lobby
 29846 Wed 10/2 10 am – 2 pm
 \$6 Resident, \$8 Non-Resident

Portland Spirit Cruise to Astoria

Embark on the mighty Columbia River as we cruise from Portland to Astoria aboard the Portland Spirit. Enjoy a complimentary gourmet breakfast and lunch as we pass spectacular views of Portland, breathtaking natural landscapes, and beautiful flora and fauna of Oregon.

Adult & Older Adult | Senior Center Lobby
 32080 Wed 10/9 7 am – 8 pm
 \$220 Resident, \$250 Non-Resident

Travel Presentations



Premier World Discovery

Park Room
 Tue 10/1 2 pm
 Wed 10/16 2 pm

*Ask at the Front Desk about 2025 Trips with Premier World Discovery and Collette Tours.

Collette Tours Presentations

Park Room
 Thu 9/19 1:30 pm
 Thu 10/17 3:30 pm

Health & Wellness

Better Brains and Balance

Brain games and balance exercises challenge the whole body to improve both brain power and balance.

62 years + | Dining Hall

Tue & Thu 9 – 9:50 am

Single class fee: \$4 Resident, \$6 Non-Resident

5-time punch cards:

\$20 Resident, \$30 Non-Resident

Included with membership at SHARC or Hidden Creek.

Senior Health Insurance Benefits

Assistance (SHIBA)

Meet with certified SHIBA volunteers to evaluate Medicare coverage options and learn more about alternative plans.

Adult & Older Adult | Park Room

Wed 9/11 12 – 2 pm

Every Wed 10/9 – 12/4

Free – Just drop in!

Medicare Mark Info Sessions

Meet with Medicare Mark Fuchs and get all your burning questions about signing up for Medicare or switching plans answered.

Adult & Older Adult | Park Room | Mark Fuchs

1st & 3rd Thu & 10 am – 12 pm

Every Thu 11/7 – 12/16

Free – Just drop in!

Foot Care

Nail trim and foot inspection performed by certified Foot Care Nurse, Monica Stutzman.

Adult & Older Adult | Wellness Room

Every Tuesday & 9 am – 4 pm

1st & 3rd Wed & Thu

\$45 – by appointment

Sign up at the front desk or call 503-615-1090

Hearing Tests with Pacific University School of Audiology

Pacific University Students provide free half hour hearing exams and provide further information on hearing loss. Exams are by appointment, call the Senior Center to check availability. Sign up at the front desk or call 503-615-1090.

Adult & Older Adult | Wellness Room

Thu 9/5, 10/3 8:30 – 11:30 pm

Free

Eyeglasses Check with Vista Optical

Get glasses adjustments, have questions about optical needs answered, and ensure your glasses are comfortable and up-to-date.

Adult & Older Adult | Park Room

Thu 9/12 & 10/17 1:30 – 2:30 pm

Free – First come first served!

Older Adult Mental First Aid

Nearly 1 in 5 adults live with mental illness.

Learn how to identify, understand and respond to signs of mental illness and substance abuse disorders. Participants can opt to be trained as a responder.

18 years+ | East Room

32097 Wed 9/25 11:30 am – 3:30 pm

Free | Registration Required

MedlinePlus 101

MedlinePlus is an online health information resource that provides high-quality, trusted, and relevant health information that is *easy to understand*.

Adult & Older Adult | Park Room

32378 Wed 10/2 1 – 2 pm

Free

Health Online: Finding Information You Can Trust

Learn from CareOregon about how to use technology to find reliable and credible information to maintain our health and make healthcare decisions.

18 years+ | Maple Room

32128 Wed 10/23 1 – 2:30 pm

Free | Registration Encouraged

Drop-In Activities

Monday Nickel Bingo

Traditional game of matching numbers and columns with the caller. Try to mark a whole row or get a specific design for a Bingo.

Adult & Older Adult | Maple Room
 Every Monday 9:30 – 11:30 am
 5 cents per game per card

Mexican Train Dominoes

The object of this game is for a player to play all the tiles from his or her hand onto one or more chains, emanating from a central hub.

All Ages | Park Room
 Every Monday 9:30 – 11:30 am
 Free – Just drop in!

Duplicate Bridge

Sharpen your mind with every hand dealt. A partner is required for this card game.

Adult & Older Adult | East Rooms
 Every Monday 12 – 4 pm
 \$1

American Mahjong

American style of the classic tile game from China. Engage in strategic moves and clever plays to outmaneuver your opponents.

Adult & Older Adult | Maple Room
 Every Monday and Friday 1 – 3 pm
 Free – Just drop in!

Line Dancing

Join us every Monday and Friday for Line Dancing. Let's dance and move our feet, one step at a time! Jeff and Claire Coomes.

Adult & Older Adult | Dining Hall
 Every Monday 3 – 4 pm
 Every Friday 2:15 – 3:30 pm
 Free – Just drop in!

Adult Storytime

Listen to excerpts from books and share excerpts from books you have been reading.

Adult & Older Adult | Senior Center Library
 Rosemary Lombard
 2nd Tuesday 9/10 & 10/8 11 am – 12 pm
 Free – Just drop in!

Senior Serenaders Choir

Share your singing talent in a supportive and fun environment then entertain during the lunch hour.

Adult & Older Adult | Dining Hall
 Every Wednesday 10:15 – 11:30 am
 Free – Just drop in!

Morning Coffee

Enjoy complimentary coffee and tea while mingling with Senior Center staff and leaders from the Friends of the Community Senior Center.

All Ages | Dining Hall | Senior Center Staff
 Every Thursday 10 – 11 am
 Free – Just drop in!

Club Cribbage

This card game requires a partner. Consists of six 15-minute games.

Adult & Older Adult | Maple Room
 Every Thursday 1 – 4 pm
 Minimum buy-in of \$15 a day

A Novel Idea

Meets the third Friday of the month to discuss thought provoking and fun books.

Adult & Older Adult | Park Room
 Stephanie Snyder
 3rd Friday 9/20 & 10/18 10:30 – 11:30 am
 Free – Just drop in!

Material Girls

Work on your crafts and projects while socializing. Remember to bring your own supplies.

All Ages | Maple Room
 Every Friday 10 am – 12 pm
 Free – Just drop in!

Bunco

Test your luck by rolling the dice in this social dice game. All are welcome to participate!

All Ages | Park Room
 Every Friday 1:30 – 4 pm
 \$1

Senior Tech Pals

Get free tech advice and support from Intel and other volunteers.

Adult & Older Adult | Senior Center Library
 First Tuesday 9/3 & 10/1 2:30 – 3:30 pm
 Free – Sign up at front desk

September Menu

Tuesday through Friday at 12 pm

Menu is subject to change

\$5 per person

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Closed in Observance of Labor Day</p> 	<p>3 Salad of the Day Maple Dijon Pork loin Herb Roasted Potatoes Green Beans Dessert</p>	<p>4 Salad of the Day Creamy Chicken & Broccoli Rice Pilaf Dessert</p> <p>Serenaders Choir</p>	<p>5 Salad of the Day Spaghetti w/Marinara Meat Sauce Zucchini Garlic Bread Dessert</p> <p>Matt Neill</p>	<p>6 Salad of the Day Tamale Casserole Seasonal Vegetable Dessert</p> <p>Ivan Camacho</p>
<p>9 Food Distribution Line Only 1 – 1:30 pm Please bring your own bag.</p>	<p>10 Salad of the Day Beef Stroganoff w/Egg Noodles Broccoli Dessert</p> <p>Dusty Walt</p>	<p>11 Salad of the Day Chicken Tortilla Soup Topped w/Cheese, Avocado & Radish Jalapeño Cornbread Dessert</p> <p>Serenaders Choir</p>	<p>12 Salad of the Day Baked White Fish w/Lemon Herb Butter Rice Pilaf Seasonal Vegetable Dessert</p> <p>Matt Neill</p>	<p>13 Salad of the Day Grilled Steak Baked Potato & Sour Cream Green Vegetable Dessert</p> <p>Ivan Camacho</p>
<p>16 Food Distribution Line Only 1 – 1:30 pm Please bring your own bag.</p>	<p>17 Salad of the Day Pork Chop w/Mushroom Gravy Mashed Potatoes Green Beans Dessert</p>	<p>18 Salad of the Day Grilled Chicken Breast w/Pesto Cream Sauce Pasta of the Day Seasonal Vegetables Dessert</p> <p>Serenaders Choir</p>	<p>19 Salad of the Day Beef Enchiladas Spanish Rice Beans Dessert</p> <p>Matt Neill</p>	<p>20 Salad of the Day Shrimp Scampi Linguine Green Vegetables Dessert</p> <p>Ivan Camacho</p>
<p>23 Food Distribution Line Only 1 – 1:30 pm Please bring your own bag.</p>	<p>24 Salad of the Day Orange Chicken Jasmine Rice Stir Fried Vegetables Dessert</p>	<p>25 Salad of the Day Chef's Choice Pizza Seasonal Vegetable Salad Dessert</p> <p>Serenaders Choir</p>	<p>26 Salad of the Day Spaghetti & Meatballs Italian Vegetables Garlic Bread Dessert</p> <p>Matt Neill</p>	<p>27 Salad of the Day Battered Fish Wedges Lemon & Tartar Sauce Fries Dessert</p> <p>Ivan Camacho</p>
<p>30 Food Distribution Line Only 1 – 1:30 pm Please bring your own bag.</p>				

September Events

Monday	Tuesday	Wednesday	Thursday	Friday
2 Closed in Observance of Labor Day 	3 9:00 Better Brains & Balance 12:00 Lunch Service 1:00 Food Distribution 1:30 Spanish Through the Arts 2:30 Senior Tech Pals	4 9:00 Simplify Your Spending 10:00 Fall Watercolor 10:15 Senior Serenaders Choir 12:00 Lunch Service 5:30 Bingo	5 8:30 Pacific U Hearing Tests 9:00 Better Brains & Balance 10:00 Medicare Mark 10:00 Morning Coffee 12:00 Lunch Service 1:00 Food Distribution 1:00 Club Cribbage 1:30 Checker Board Collage Art	6 10:00 Material Girls 12:00 Lunch Service 1:00 Food Distribution 1:00 American Mahjong 1:30 Bunco 2:15 Line Dancing
9 9:15 Nickel Bingo 9:30 Mexican Train Dominoes 12:00 Duplicate Bridge 1:00 Food Distribution 1:00 American Mahjong 1:30 FHSC Board Meeting 3:00 Line Dancing	10 9:00 Better Brains & Balance 9:30 Fresh Flower Bouquets 11:00 Adult Storytime 12:00 Lunch Service 1:00 Food Distribution 1:30 Spanish Through the Arts	11 10:00 Fall Watercolor 10:15 Senior Serenaders Choir 12:00 SHIBA 12:00 Lunch Service 2:30 Canvas & Coffee 5:30 Bingo	12 9:00 Better Brains & Balance 10:00 Morning Coffee 10:00 Alpacas & Fruit Picking 12:00 Lunch Service 1:00 Food Distribution 1:00 Club Cribbage 1:30 Eyeglasses Check with Vista Optical	13 10:00 Material Girls 10:00 Decluttering & Organizing Intro Class 12:00 Lunch Service 1:00 Food Distribution 1:00 American Mahjong 1:30 Bunco 2:15 Line Dancing
16 9:15 Nickel Bingo 9:30 Mexican Train Dominoes 12:00 Duplicate Bridge 12:00 Portland El Grito Celebration 1:00 Food Distribution 1:00 American Mahjong 3:00 Line Dancing	17 9:00 Better Brains & Balance 10:00 Grief Support Group 12:00 Lunch Service 1:00 Food Distribution 1:30 Spanish Through the Arts	18 10:00 Fall Watercolor 10:15 Senior Serenaders Choir 12:00 Lunch Service 5:30 Bingo	19 9:00 Better Brains & Balance 10:00 Medicare Mark 10:00 Morning Coffee 10:00 Medicare Advertising: Be Informed 12:00 Lunch Service 1:00 Food Distribution 1:00 Club Cribbage	20 10:00 Material Girls 10:30 A Novel Idea Book Group 12:00 Lunch Service 1:00 Food Distribution 1:00 American Mahjong 1:30 Bunco 2:30 Line Dancing 5:00 A Magical Evening
23 9:15 Nickel Bingo 9:30 Mexican Train Dominoes 12:00 Duplicate Bridge 1:00 Food Distribution 1:00 American Mahjong 3:00 Line Dancing	24 9:00 Better Brains & Balance 10:00 Grief Support Group 12:00 Lunch Service 1:00 Food Distribution 1:30 Spanish Through the Arts	25 9:00 AARP® Safe Driving 10:00 Fall Watercolor 10:15 Senior Serenaders Choir 11:30 Older Adult Mental First Aid 12:00 Lunch Service 5:30 Bingo	26 9:00 Better Brains & Balance 10:00 Morning Coffee 11:30 Older Adult Metal First Aid 12:00 Lunch Service 1:00 Food Distribution 1:00 Club Cribbage 1:30 Autumn "Rag" Wreath	27 10:00 Material Girls 10:00 Decluttering & Organizing 12:00 Lunch Service 1:00 Food Distribution 1:00 American Mahjong 1:30 Bunco 2:15 Line Dancing
30 9:15 Nickel Bingo 9:30 Mexican Train Dominoes 12:00 Duplicate Bridge 1:00 Food Distribution 1:00 American Mahjong 3:00 Line Dancing				

Menú de Septiembre



Martes a Viernes a las 12 pm

Menú se puede cambiar

\$5 por persona

Lunes	Martes	Miércoles	Jueves	Viernes
2 Cerrado por día Laboral 	3 Ensalada del día Lomo de Puerco con arce y dijon Papas rostizadas con hierbas Ejotes Postre	4 Ensalada del día Pollo & Brócoli cremoso Arroz Pilaf Postre Coro de Serenaders	5 Ensalada del día Espagueti con salsa marinara con carne Calabacita Pan de ajo Postre Matt Neill	6 Ensalada del día Guiso de tamal Vegetales de temporada Postre Ivan Camacho
9 Distribución de Comida Gratis solamente 1 – 1:30 pm Por favor traiga su propia bolsa.	10 Ensalada del día Stroganoff de res con fideo de huevo Brócoli Postre Dusty Walt	11 Ensalada del día Sopa de tortilla y pollo con queso, aguacate & rábano Pan de maíz y jalapeño Postre Coro de Serenaders	12 Ensalada del día Pesado blanco horneado con Mantequilla de limon y hierbas Arroz Pilaf Vegetales de temporada Postre Matt Neill	13 Ensalada del día Bistec a la parrilla Papa horneado & crema agria Vegetales verdes Postre Ivan Camacho
16 Distribución de Comida Gratis solamente 1 – 1:30 pm Por favor traiga su propia bolsa.	17 Ensalada del día Lomo de Puerco con jugo de carne y champiñones Puré de papas Green Beans Postre	18 Ensalada del día Pechuga de pollo asado con salsa de pesto cremoso Pasta del día Vegetales de temporadas Postre Coro de Serenaders	19 Ensalada del día Enchiladas de Res Arroz rojo Frijoles Postre Matt Neil	20 Ensalada del día Scampi de camarón Linguine Vegetales verdes Postre Ivan Camacho
23 Distribución de Comida Gratis solamente 1 – 1:30 pm Por favor traiga su propia bolsa.	24 Ensalada del día Pollo a la naranja Arroz Jazmín Vegetales salteados Postre	25 Ensalada del día Pizza al selección del chef Vegetales de temporada Ensalada Postre Coro de Serenaders	26 Ensalada del día Espagueti & Albondigas Vegetales italianos Pan de ajo Postre Matt Neil	27 Ensalada del día Pedazos de pescado empanizado Limón & Salsa tártara Papas fritas Postre Ivan Camacho
30 Distribución de Comida Gratis solamente 1 – 1:30 pm Por favor traiga su propia bolsa.				

Eventos de Septiembre



Lunes	Martes	Miércoles	Jueves	Viernes
2 Cerrado en observación del día del trabajo 	3 9:00 Mejor Cerebro y Equilibrio 12:00 Servicio de almuerzo 1:00 Distribución de Comida 1:30 Español a través de los artes 2:30 Ayuda con su tecnología	4 9:00 Simplificar sus gastos 10:00 Acuarelas de otoño 10:15 Coro de los Serenaders 12:00 Servicio de almuerzo 5:30 Bingo	5 8:30 Pruebas de audición 9:00 Mejor Cerebro y Equilibrio 10:00 Medicare Mark 10:00 Café y Charla 12:00 Servicio de almuerzo 1:00 Distribución de Comida 1:00 Club Cribbage 1:30 Tablero de damas collage	6 10:00 Mujeres con Materiales 12:00 Servicio de almuerzo 1:00 Distribución de Comida 1:00 Mahjong Estadounidense 1:30 Bunco 2:15 Baile de Línea
9 9:15 Bingo de Cinco Centavos 9:30 Dominó Tren Mexicano 12:00 Bridge Duplicada 1:00 Distribución de Comida 1:00 Mahjong Estadounidense 1:30 FHSC Reunión Administrativa 3:00 Baile de Línea	10 9:00 Mejor Cerebro y Equilibrio 9:30 Ramos de flores frescos 11:00 Hora de cuentos para adultos 12:00 Servicio de Almuerzo 1:00 Distribución de Comida 1:30 Español a través de los artes	11 10:00 Acuarelas de otoño 10:15 Coro de los Serenaders 12:00 SHIBA 12:00 Servicio de almuerzo 2:00 Cuadro & Café 5:30 Bingo	12 9:00 Mejor Cerebro y Equilibrio 10:00 Café y Charla 10:00 Alpacas & Fruit Picking 12:00 Servicio de almuerzo 1:00 Distribución de Comida 1:00 Club Cribbage 1:30 Ajustes de Lentes Eyeglasses	13 10:00 Mujeres con Materiales 10:00 Ordenar para adultos mayores clase de prueba 12:00 Servicio de almuerzo 1:00 Distribución de Comida 1:00 Mahjong Estadounidense 1:30 Bunco 2:15 Baile de Línea
16 9:15 Bingo de Cinco Centavos 9:30 Dominó Tren Mexicano 12:00 Bridge Duplicada 12:00 Portland El Grito Celebration 1:00 Distribución de Comida 1:00 Mahjong Estadounidense 3:00 Baile de Línea	17 9:00 Mejor Cerebro y Equilibrio 10:00 Grief Support Group 12:00 Servicio de almuerzo 1:00 Distribución de Comida 1:30 Español a través de los artes	18 10:00 Acuarelas de otoño 10:15 Coro de Serenaders 12:00 Servicio de almuerzo 5:30 Bingo	19 9:00 Mejor Cerebro y Equilibrio 10:00 Medicare Mark 10:00 Café y charla 10:00 Medicare Advertising: Be Informed 12:00 Servicio de almuerzo 1:00 Distribución de Comida 1:00 Club Cribbage	20 10:00 Mujeres con Materiales 10:30 Club de Libro 12:00 Servicio de almuerzo 1:00 Distribución de Comida 1:00 Mahjong Estadounidense 1:30 Bunco 2:15 Baile de Línea 5:00 Una tarde de magia
23 9:15 Bingo de Cinco Centavos 9:30 Dominó Tren Mexicano 12:00 Bridge Duplicada 1:00 Distribución de Comida 1:00 Mahjong Estadounidense 3:00 Baile de Línea	24 9:00 Mejor Cerebro y Equilibrio 10:00 Grief Support Group 12:00 Servicio de almuerzo 1:00 Distribución de Comida 1:30 Español a través de los artes	25 9:00 AARP® Manejar Seguro 10:00 Acuarelas de otoño 10:15 Coro de Serenaders 11:30 Los primeros auxilios de salud mental para adultos mayores 12:00 Servicio de almuerzo 5:30 Bingo	26 9:00 Mejor Cerebro y Equilibrio 10:00 Café y charla 11:30 Salud mental para adultos mayores 12:00 Servicio de almuerzo 1:00 Distribución de Comida 1:00 Club Cribbage 1:30 Arte de coronas para otoño	27 10:00 Mujeres con Materiales 10:00 Ordenar para adultos mayores 12:00 Servicio de almuerzo 1:00 Distribución de Comida 1:00 Mahjong Estadounidense 1:30 Bunco 2:15 Baile de Línea
30 9:15 Bingo de Cinco Centavos 9:30 Dominó Tren Mexicano 12:00 Bridge Duplicada 1:00 Distribución de Comida 1:00 Mahjong Estadounidense 3:00 Baile de Línea				

October Menu

Tuesday through Friday at 12 pm

Menu is subject to change

\$5 per person

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Salad of the Day Lemon Herb Chicken Wings Orzo Pasta w/ Peas & Parmesan Seasonal Vegetables Dessert	2 Salad of the Day Breaded Pork Cutlet Macaroni & Cheese Seasonal Vegetables Dessert Serenaders Choir	3 Salad of the Day Meatloaf Potato of the Day Green Beans Dessert Matt Neill	4 Salad of the Day Chicken Yakisoba Stir-fried Vegetables Dessert Ivan Camacho
	7 Food Distribution Line Only 1 – 1:30 pm Please bring your own bag.	8 Salad of the Day Chicken Pesto Pizza Marinated Vegetable Blend Dessert Dusty Walt	9 Salad of the Day Sweet & Sour Shrimp Jasmine Rice Asian Vegetables Dessert Serenaders Choir	10 Salad of the Day Chicken Fettucine Alfredo Broccoli Garlic Bread Dessert Matt Neill
14 Food Distribution Line Only 1 – 1:30 pm Please bring your own bag.	15 Salad of the Day Baked Ziti w/ Ground Beef & Italian Sausage Garlic Bread Dessert	16 Salad of the Day Grilled Ham & Cheese Tomato Soup Dessert Serenaders Choir	17 Salad of the Day Pork Loin w/ Peach Compote Mashed Potatoes Seasonal Vegetables Dessert Matt Neill	18 Salad of the Day BBQ Chicken Wings Baked Beans Corn Green Vegetable Dessert Ivan Camacho
21 Food Distribution Line Only 1 – 1:30 pm Please bring your own bag.	22 Salad of the Day Scrambled Eggs Biscuits & Gravy Sausage Dessert Dusty Walt	23 Salad of the Day Chicken & Dumplings Mixed Vegetables Dessert Serenaders Choir	24 Salad of the Day Ground Beef Quesadilla Beans Dessert Matt Neill	25 Salad of the Day Breaded White Fish Tartar Sauce & Lemon Fries Dessert Ivan Camacho
28 Food Distribution Line Only 1 – 1:30 pm Please bring your own bag.	29 Salad of the Day Beef Chili Topped w/ Onion & Cheese Cornbread Dessert	30 Salad of the Day Pork Loin w/ Fruit Sauce Mashed Potatoes Green Beans Serenaders Choir	31 Salad of the Day Grilled Steak Herb Roasted Potatoes Green Vegetables Dessert Matt Neill	

October Events

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:00 Better Brains & Balance 10:00 Grief Support Group 12:00 Lunch Service 1:00 Food Distribution 1:30 Geography of Mexico 2:30 Senior Tech Pals	2 10:00 Stocks: Nuts & Bolts 10:00 AWP & Adelante Mujeres 10:00 Fall Watercolor 10:15 Senior Serenaders Choir 12:00 Lunch Service 1:00 Medline Plus 101 5:30 Bingo	3 8:30 Pacific U Hearing Tests 9:00 Better Brains & Balance 10:00 Medicare Mark 10:00 Morning Coffee 12:00 Lunch Service 1:00 Food Distribution 1:00 Cribbage 1:00 Health Line Plus 101	4 10:00 Material Girls 10:00 Decluttering/Organizing 12:00 Lunch Service 1:00 Food Distribution 1:00 Mahjong 1:30 Bunco 2:15 Line Dancing 5:00 Golden Years: Dance
	7 9:15 Nickel Bingo 9:30 Mexican Train Dominoes 12:00 Duplicate Bridge 12:00 Food Distribution 1:00 American Mahjong 1:30 FHSC Board Meeting 3:00 Line Dancing	8 9:00 Better Brains & Balance 10:00 Grief Support Group 11:00 Adult Storytime 12:00 Lunch Service 1:00 Food Distribution 1:30 Geography of Mexico	9 7:00 Portland Spirit Cruise to Astoria 10:15 Senior Serenaders Choir 12:00 SHIBA 12:00 Lunch Service 2:30 Canvas & Coffee 5:30 Bingo	10 9:00 Better Brains & Balance 9:00 Needle Felting: Pumpkin 10:00 Morning Coffee 10:00 Fall Nature Journaling 10:00 Emergency Preparedness 12:00 Lunch Service 1:00 Food Distribution 1:00 Cribbage 1:30 Color Wave Leaf Collage
14 9:15 Nickel Bingo 9:30 Mexican Train Dominoes 12:00 Duplicate Bridge 1:00 Food Distribution 1:00 Mahjong 3:00 Line Dancing	15 9:00 Better Brains & Balance 10:00 Grief Support Group 12:00 Lunch Service 1:00 Food Distribution 1:30 Geography of Mexico	16 9:30 Pumpkin Succulent 10:15 Senior Serenaders Choir 12:00 SHIBA 12:00 Lunch Service 5:30 Bingo	17 9:00 Better Brains & Balance 10:00 Morning Coffee 10:00 Medicare Mark 10:00 Fall Nature Journaling 12:00 Lunch Service 1:00 Food Distribution 1:00 Cribbage 1:30 Vista Optical Eyeglass Check	18 10:00 Material Girls 10:00 Decluttering/Organizing 10:30 A Novel Idea Book Group 12:00 Lunch Service 1:00 Food Distribution 1:00 Mahjong 1:30 Bunco 2:15 Line Dancing
21 9:15 Nickel Bingo 9:30 Mexican Train Dominoes 12:00 Duplicate Bridge 1:00 Food Distribution 1:00 American Mahjong 3:00 Line Dancing	22 9:00 Better Brains & Balance 9:00 Needle Felting: Jack-o-Lantern 10:00 Grief Support Group 12:00 Lunch Service 1:00 Food Distribution 1:30 Geography of Mexico	23 10:00 United Health Care 10:15 Senior Serenaders Choir 12:00 SHIBA 12:00 Lunch Service 1:00 Health Online Seminar 5:30 Bingo	24 9:00 Better Brains & Balance 9:00 Capitol & Covered Bridges 10:00 Morning Coffee 10:00 Fall Nature Journaling 12:00 Lunch Service 1:00 Food Distribution 1:00 Cribbage 1:30 Circles in Circles Collage	25 10:00 Material Girls 12:00 Lunch Service 1:00 Food Distribution 1:00 Mahjong 1:30 Bunco 2:15 Line Dancing
28 9:30 Nickel Bingo 9:15 Mexican Train Dominoes 12:00 Duplicate Bridge 1:00 American Mahjong 1:00 Food Distribution 3:00 Line Dancing	29 9:00 Better Brains & Balance 10:00 Grief Support Group 12:00 Lunch Service 1:00 Food Distribution 1:30 Geography of Mexico	30 9:00 AARP® Safe Driving 10:15 Senior Serenaders Choir 12:00 SHIBA 12:00 Lunch Service 1:00 Circle of Grief Workshop 5:30 Bingo	31 9:00 Better Brains & Balance 10:00 Morning Coffee 10:00 Fall Nature Journaling 12:00 Lunch Service 1:00 Food Distribution 1:00 Cribbage 3:00 Spell the Tea: A Magical Tea Party	

Menú de Octubre

Martes a Viernes a las 12 pm

Menú se puede cambiar

\$5 por persona

Lunes	Martes	Miércoles	Jueves	Viernes
 <p>1 Ensalada del día Alitas de Pollo con limón y hiebras Pasta arzo con chícharos & Queso parmesano Vegetales de temporadas Postre</p>	<p>2 Ensalada del día Chuleta de Puerco empanizado Macaroni & Queso Vegetales de temporadas Postre</p> <p>Coro de Serenaders</p>	<p>3 Ensalada del día Pastel de carne Papa del día Ejotes Postre</p> <p>Matt Neill</p>	<p>4 Ensalada del día Yakisoba de pollo Vegetales salteados Postre</p> <p>Ivan Camacho</p>	
				<p>7 Distribución de Comida Gratis solamente 1 – 1:30 pm. Por favor traiga su propia bolsa.</p>
<p>14 Distribución de Comida Gratis solamente 1 – 1:30 pm. Por favor traiga su propia bolsa.</p>	<p>15 Ensalada del día Ziti horneado con carne molida & Salchicha italiana Pan de ajo Postre</p>	<p>16 Ensalada del día Jamon & Queso asado Sopa de tomate Postre</p> <p>Coro de Serenaders</p>	<p>17 Ensalada del día Lomo de Puerco con salsa de durazno Puré de papas Vegetales de temporadas Postre</p> <p>Matt Neill</p>	<p>18 Ensalada del día Alitas de pollo BBQ Frijoles horneados Maíz Vegetales verdes Postre</p> <p>Ivan Camacho</p>
<p>21 Distribución de Comida Gratis solamente 1 – 1:30 pm. Por favor traiga su propia bolsa.</p>	<p>22 Ensalada del día Huevos revueltos Panecillo & jugo de carne cremoso Salchicha Postre</p> <p>Dusty Walt</p>	<p>23 Ensalada del día Pollo & empanadillas Mixta de vegetales Postre</p> <p>Coro de Serenaders</p>	<p>24 Ensalada del día Quesadilla de asada Frijoles Postre</p> <p>Matt Neill</p>	<p>25 Ensalada del día Pescado blanco empanizado Salsa tártara & Limón Papas fritas Postre</p> <p>Ivan Camacho</p>
<p>28 Sólo distribución de comida gratis 1 – 1:30 pm. Por favor trae su propia bolsa.</p>	<p>29 Ensalada del día Chili de res con cebolla & queso pan de maíz Postre</p>	<p>30 Ensalada del día Lomo de Puerco con salsa de fruta Puré de papas Ejotes</p> <p>Coro de Serenaders</p>	<p>31 Ensalada del día Bistec a la parrilla Papas rostizadas con hierbas Vegetales verdes Postre</p> <p>Matt Neill</p>	

Eventos de Octubre

Lunes	Martes	Miércoles	Jueves	Viernes
	1 9:00 Mejor Cerebro y Equilibrio 10:00 Grief Support Group 12:00 Servicio de almuerzo 1:00 Distribución de Comida 1:30 Geografía de México 2:30 Ayuda tecnológica	2 10:00 Acciones: Los fundamentales 10:00 AWP & Adelante Mujeres 10:00 Acuarelas de otoño 10:15 Coro de Serenaders 12:00 Servicio de almuerzo 1:00 Medline Plus 101 5:30 Bingo	3 8:30 Pruebas de audición 9:00 Mejor Cerebro y Equilibrio 10:00 Medicare Mark 10:00 Café y Charla 12:00 Servicio de almuerzo 1:00 Distribución de Comida 1:00 Cribbage 1:30 Health Line Plus 101	4 10:00 Mujeres con Materiales 10:00 Decluttering/Organizing 12:00 Servicio de almuerzo 1:00 Distribución de Comida 1:00 Mahjong 1:30 Bunco 2:15 Baile de Línea 5:00 Baile de Bienvenida
	7 9:15 Bingo de Cinco Centavos 9:30 Dominó Tren Mexicano 12:00 Bridge Duplicada 1:00 Distribución de Comida 1:00 Mahjong Estadounidense 1:30 FHCS Reunión administrativa 3:00 Baile de Línea	8 9:00 Mejor Cerebro y Equilibrio 10:00 Grief Support Group 11:00 Adult Storytime 12:00 Servicio de almuerzo 1:00 Distribución de Comida 1:30 Geografía de México	9 7:00 Portland Spirit Cruise to Astoria 10:15 Coro de Serenaders 12:00 Servicio de almuerzo 2:30 Cuadro & Café 5:30 Bingo	10 9:00 Mejor Cerebro y Equilibrio 9:00 Fieltro con aguja: Calabaza 10:00 Café y Charla 10:00 Hacer diario con naturaleza de otoño 10:00 Emergency Preparedness 12:00 Servicio de almuerzo 1:00 Distribución de Comida 1:00 Cribbage/Collage de Hojas
14 9:15 Bingo de Cinco Centavos 9:30 Dominó Tren Mexicano 12:00 Bridge Duplicada 1:00 Distribución de Comida 1:00 Mahjong Estadounidense 3:00 Baile de Línea	15 9:00 Mejor Cerebro y Equilibrio 10:00 Grief Support Group 12:00 Servicio de almuerzo 1:00 Distribución de Comida 1:30 Geografía de México	16 9:30 Clase de calabazas de suculentas 10:15 Coro de Serenaders 12:00 SHIBA 12:00 Servicio de almuerzo 5:30 Bingo	17 9:00 Mejor Cerebro y Equilibrio 10:00 Café y Charla/Medicare Mark 10:00 Hacer diario con naturaleza de otoño 12:00 Servicio de almuerzo 1:00 Distribución de Comida 1:00 Cribbage 1:30 Ajustes de Lentes	18 10:00 Mujeres con Materiales 10:00 Decluttering/Organizing 10:30 Grupo de Libro 12:00 Servicio de almuerzo 1:00 Distribución de Comida 1:00 Mahjong 1:30 Bunco 2:15 Baile de Línea
21 9:15 Bingo de Cinco Centavos 9:30 Dominó Tren Mexicano 12:00 Bridge Duplicada 1:00 Distribución de Comida 1:00 Mahjong Estadounidense 3:00 Baile de Línea	22 9:00 Mejor Cerebro y Equilibrio 9:00 Fieltro con aguja: linterna de calabaza 10:00 Grief Support Group 12:00 Servicio de almuerzo 1:00 Distribución de Comida 1:30 Geografía de México	23 10:00 Presentación de United Health Care 10:15 Coro de Serenaders 12:00 SHIBA 12:00 Servicio de almuerzo 1:00 Seminario de Salud en línea 5:30 Bingo	24 9:00 Mejor Cerebro y Equilibrio 9:00 Capitol & Covered Bridges 10:00 Café y Charla 10:00 Hacer diario con naturaleza de otoño 12:00 Servicio de almuerzo 1:00 Distribución de Comida 1:00 Cribbage 1:30 Collage/Circulos en Circulos	25 10:00 Mujeres con Materiales 12:00 Servicio de almuerzo 1:00 Distribución de Comida 1:00 Mahjong 1:30 Bunco 2:15 Baile de Línea
28 9:15 Bingo de Cinco Centavos 9:30 Dominó Tren Mexicano 12:00 Bridge Duplicada 1:00 Distribución de Comida 1:00 Mahjong Estadounidense 3:30 Baile de Línea	29 9:00 Mejor Cerebro y Equilibrio 10:00 Grief Support Group 12:00 Servicio de almuerzo 1:00 Distribución de Comida 1:30 Geografía de México	30 9:00 AARP® Manejar Seguro Course 10:15 Coro de Serenaders 12:00 SHIBA 12:00 Servicio de almuerzo 1:00 Seminario del círculo de luto 5:30 Bingo	31 9:00 Mejor Cerebro y Equilibrio 10:00 Café y Charla 10:00 Hacer diario con naturaleza de otoño 12:00 Servicio de almuerzo 1:00 Distribución de Comida 1:00 Cribbage 3:00 Fiesta Magica de Té	

Lifelong Learning

Spanish Through the Arts

Use songs, games, activities, crafts & skits to learn Spanish in this dynamic and fun class. Discover exciting new ways to work and play with this important second language.

Adult & Older Adult | East Room

32088	Tue	9/3 – 9/24	1:30 – 3 pm
\$40 Resident, \$60 Non-Resident			

Exploring Art with Fabric

Create an original fabric art piece using a variety of techniques including collage, hand-stitching, weaving, and cording. All materials provided.

18 years+ | Maple Room

32109	Thu	9/5	1:30 – 3:30 pm
<i>Checker Board Collage</i>			
32110	Thu	9/26	1:30 – 3:30 pm
<i>Autumn "Rag" Wreath</i>			
32115	Thu	10/10	1:30 – 3:30 pm
<i>Color Wave Leaf Collage</i>			
32116	Thu	10/24	1:30 – 3:30 pm
<i>Circle in Circles Collage</i>			

\$15 Resident, \$27 Non-Resident

Fall Watercolor

Experience the inspiring fresh, and exuberant medium of watercolor! Explore a range of empowering skills through fun, freeing activities: brushwork, washes, color-mixing, and more. Grab a paintbrush and enjoy the colors of the season—and bring them to life before your eyes! Materials provided.

Adult | Senior Center

31607	Wed	9/4 – 10/2	10 – 11:30 am
\$80 Resident, \$105 Non-Resident			

AARP® Safe Driving

The AARP® Smart Driver Course is designed especially for drivers age 50 and older.

18 years+ | East Room

32095	Tue	9/25	9 am – 4:15 pm
32096	Tue	10/30	9 am – 4:15 pm
\$20 AARP® Members, \$25 Non-AARP® Members			



Farmington Gardens: Green Thumb Series

18 years+ | Park Room | Materials provided.

Fresh Flower Bouquet

Arrange and present flowers to brighten a home or bring a smile to a friend. Learn different names of flowers and which flowers and colors pair well together.

32099	Tue	9/10	9:30 – 11:30 am
\$20 Resident, \$30 Non-Resident			

Pumpkin Succulent Craft

Celebrate fall by creating your own festive pumpkin pot for a hearty succulent. Use paint to customize your pot and learn ways to care for your succulent.

32103	Wed	10/16	9:30 – 11:30 am
\$20 Resident, \$30 Non-Resident			

Canvas & Coffee

Paint with acrylics while enjoying fresh coffee roasted by the instructor herself. This is perfect for all levels of experience in painting.

13 years+ | East Room

32134	Wed	9/11	2:30 – 4:30 pm
32135	Wed	10/9	2:30 – 4:30 pm
\$10 Resident, \$15 Non-Resident			

Decluttering & Organizing

The longer we live, the more stuff we accumulate. It's never too late to get organized, declutter, and reclaim our home.

18 years+ | Maple Room

32175	Fri	9/13	10 – 11 am
<i>Intro Class</i>			
32176	Fri	9/27 – 10/18	10 – 11 am
<i>Actual Class</i>			

Free | Registration Required

Finance First Wednesdays: Edward Jones Investing

Sarah Heesacker leads these informative sessions.
18 years+ | Maple Room

Simplify Your Spending and Saving Strategies

Balance saving, spending, and borrowing to achieve your financial goals. Learn to control debt and get practical savings options for retirement.

32138	Wed	9/4	9 – 10 am
Free Registration Required			

Stocks: The Nuts and Bolts

Stocks play a major role for investors trying to reach their long-term financial goals. Learn about common versus preferred stock, dividends investment strategy and more.

32139	Wed	10/2	9 – 10 am
Free Registration Required			

Grief Support Group

Join licensed grief counselor Maudeen Jordan in a guided group where members can share their experiences and receive valuable feedback from colleagues and moderator on ways to travel through the process of grief.

18 years+ Park Room			
32127	Tue	9/17 – 11/12	10 – 11:30 am
Free			

Medicare Advertising: Be Informed

Join Mark Fuchs for an educational seminar to help navigate aggressive Medicare marketing tactics. Get empowered to recognize predatory advertising and feel more confident about Medicare decisions. **RSVPs appreciated — send to mark@medicaremarkfuchs.com.**

18 Years+ Park Room			
	Thu	9/19	10 am – 12 pm
Free Registration Encouraged, Walk-Ins Welcome			

Geography & Traditions of Mexico

Discover the amazing geographical and cultural differences that make Mexico a vibrant and colorful nation. Learn Spanish words for different climates through fun and engaging games and activities.

18 years+ East Room			
32089	Tue	10/1	1:30 – 3 pm
Free Registration Recommended			
32090	Tue	10/8 – 10/29	1:30 – 3 pm
\$40 Resident, \$60 Non-Resident			

Emergency Preparedness

Be prepared for major natural disasters with OSU Extension Services. Learn about the basics to keep you and your family safe in an emergency. Enter a raffle for your very own emergency grab bag.

All Ages Senior Center Hallway			
		Tue & Thu 10/8 & 10/10	10 am – 12 pm
Free			



Needle Felting

Join the needle felting queen, Christine Steffenhagen, as she provides a guided tutorial on the amazing art form.

18 years+ | Maple Room | Materials Provided

Decorative Pumpkin

Transform colorful wool into an adorable pumpkin perfect for fall.

32129	Thu	10/10	9 am – 1 pm
\$45 Resident		\$67 Non-Resident	

Fun Jack-o-lantern

Create a silly or scary jack-o-lantern out of nothing more than wool, a needle, and a felt pad!

32130	Tue	10/22	9 am – 1 pm
\$45 Resident		\$67 Non-Resident	

Fall Nature Journaling

Draw, paint, collage and write as you connect to the beauty of fall in your personal sketchbook journal. Follow prompts and instruction to express your creativity and record observations. Materials provided.

18 years+ | Senior Center
31606 Thu 10/10 – 11/14 10 – 11:30 am
\$80 Resident, \$105 Non-Resident

United Health Care Presentation

Meet with Jess Matza from United Healthcare to discuss coverage options and learn more about your current plans with United Healthcare.

Adult & Senior | Maple Room
Wed 10/23 10 am – 12 pm
Free – Just drop in!

Circle of Grief

Grief is both universal and personal. Join us for weekly gatherings as we talk about and through our grief. All experiences of grief are welcome.

62+ | Park Room
32123 Wed 10/30 1 – 2:30 pm
Free | Registration Required

Contact Us

Hillsboro Community Senior Center

750 SE 8th Avenue
Hillsboro, Oregon 97123
503-615-1090

[Hillsboro-Oregon.gov/SeniorCenter](https://www.hillsboro-oregon.gov/SeniorCenter)

In Full Bloom is published every other month.

The *Branch Out with Travel* brochure is published twice per year.

Upcoming Closures

Monday, September 2

Labor Day



GOLDEN YEARS: HOMECOMING DANCE

Dress up, grab a date or a group of friends, and party to the rocking tunes of the 60s and 70s as we celebrate the nostalgia of high school. Enjoy delicious snacks, a photo booth, and dance the night away.



18 Years+ | Dining Hall
32142 Fri 10/4 5 – 8 pm
\$20 Resident, \$30 Non-Resident



Spell the Tea A Magical Tea Party

Come all witches, warlocks, and wizards and brew a boiling hot pot of tea and munch some wickedly delicious morsels provided by our friends at The Ackerly Senior Living as we celebrate Spooky Season. Dress for success in your best costume for a costume contest and enjoy some magical crafts.

18 years+ | Dining Hall
32143 Thu 10/31 3 – 6 pm
\$15 Resident, \$23 Non-Resident

How to Register for Classes

Three ways to Register for Classes

- 1 Drop by the Senior Center front desk
- 2 Call 503-615-1090 (front desk)
- 3 Online at [Hillsboro-Oregon.gov/Register](https://www.hillsboro-oregon.gov/Register)

Create an Account

In order to register online, you must create an online account. Contact the Senior Center front desk to set up an account.

Payment

Online: Credit/debit cards are accepted.
In person: Credit/debit and cash are accepted.

All classes are held at the Community Senior Center unless otherwise stated.



Hillsboro Community Senior Center
750 SE 8th Ave
Hillsboro, OR 97123

A Magical Evening: Dinner & Show Fundraiser

• for the • *Living Legacy Endowment*

Friday, September 20, 5 – 8 pm
Hillsboro Community Senior Center

Abracadabra!

\$50 per ticket
\$350 per table of 8
Ticket includes drinks, Italian dinner, dessert, hors d'oeuvres, and Magic Show featuring Mark Read and Kim Worrall.

Hillsboro
Community Senior Center
750 SE 8th Avenue
Hillsboro, OR 97123
503-615-1090

Raffle Tickets available for purchase.



18+ years

Friends of the Hillsboro Community Senior Center

September/October 2024



Message from Jo

You may think about the Hillsboro Community Senior Center as a place for food and fun, but have you thought about it as a place for service? Community service is a great way to stay active, make friends, and give back. The Friends of the Hillsboro Community Senior Center have several upcoming volunteer service opportunities for you.

Come work at **8th Avenue Gifts!** Open Monday through Friday from 10 am to 3 pm, we rely on volunteers to help run this shop full of fun, unique treasures made by fellow seniors. Consider picking up a shift or two throughout the week!

We also need your help volunteering to support the popular **BINGO** events. Lend a hand at **Nickel BINGO** on Mondays from 9:30 to 11:30 am. Or, assist on Wednesday nights when sales start at 4:30 pm. We especially need help in our **Bistro** on those evenings from 4 to 7 pm selling drinks and treats.

Do you have a group that wants to serve together? Join the likes of the Pacific University Occupational Therapy Group and the VFW Auxiliary Group that uses volunteer service to build their team, create connections in the community, and do good. We could use a group on the 2nd and 4th Wednesday of the month. Please contact me if you're interested in any of these opportunities.

In addition to our ongoing efforts, we have some really exciting events coming up this fall!

Join us for a **Magical Evening Dinner & Show Fundraiser** on Friday September 20 from 5 to 8 pm at the Hillsboro Community Senior Center. Tickets are \$50 each or purchase a table of 8 for \$350. The evening will include drinks, hors d'oeuvres, dinner (Italian style), dessert, and Magic Show featuring Mark Read and Kim Worrall. You will also be able to purchase raffle tickets for the chance to win great prizes.

Plus, plan to save your holiday shopping for the **Annual Holiday Bazaar** at the Hillsboro Community Senior Center Saturday, November 23, 10 am to 4 pm and Sunday, November 24, 10 am to 2 pm. If you are interested in becoming a vendor, please contact us at FriendsofHillsboroCenter@gmail.com call or text 503-260-0449.

The Friends of the Hillsboro Community Senior Center is a 100% volunteer 501(c)(3) organization. Our mission is to help support the City of Hillsboro's Community Senior Center and its programs. We'd love your help to accomplish that.

Jo Hemenway

President, F.H.C.S.C.

Phone: 503-615-1093 or 503-260-0449

Email: FriendsofHillsboroCenter@gmail.com



Jo Hemenway,
Friends President



Apply for an annual membership as a supporter of your Community Senior Center. Pick up an application at the Senior Center.

- \$20 per year
- Tax deductible

Meetings are held the first Monday of every month at 1:30 pm in the dining hall at the Community Senior Center.

Join us!

BINGO!

COMMUNITY SENIOR CENTER

Every Wednesday Night
4:30 pm Doors Open
5:30 pm Games Start
4:30 pm Bistro Opens

Monday Morning Nickel Bingo

Every Monday, 9:30 – 11:30 am
5 cents per game per card



750 SE 8th Avenue | 503-6151090

Friends of the
Hillsboro Community Senior Center

HOLIDAY BAZAAR

Saturday **November 23**
10 am – 4 pm
Sunday **November 24**
10 am – 2 pm

Hillsboro Community Senior Center

Local Artisans & Crafters
Door Prize Drawing
Free Admission
Food & Drinks
Free Parking

Proceeds to benefit meal and wellness programs
provided at the Senior Center.

[Hillsboro-Oregon.gov/Senior Center](http://Hillsboro-Oregon.gov/SeniorCenter)
503-615-1093

CRUISE-IN CAR SHOW

SIP N' SHOP



Saturday
June 7, 2025



Charity Event for
Hillsboro Community
Senior Center &
Park Lanes Youth
Scholarship Program

Park Lanes Family Entertainment Center
6360 SE Alexander St, Hillsboro

8TH AVENUE GIFTS

Monday – Friday

10 am – 3 pm

Handmade items
by local artisans